



## Trip Facts

**Price:** USD 995

**Duration:** 10 days

**Trip Profile:** Ghorepani Poon Hill Trek

**Geography:** Himalayas/Hills/Forests

**Location:** Kaski/Myagdi

**Max Altitude:** 3,210m

**Accommodation:** Hotel/Tea house/Lodge

**Meals:** All meals included during the trekking

**Ethnic People:** Gurung/Magar

**Religious:** Buddhism

**Transportation:** Flight/Tourist bus/Private vehicle

**Group Size:** 01-10 Pax

## Highlights

- Incredible panoramic vista of Annapurna and Dhaulagiri Himalayan ranges from Poon Hill.
- Exploration of Gurung settlements, culture, and mountainous lifestyle of the people.
- An experience of trekking in the Annapurna region and memories to cherish for a lifetime.
- Experience the stunning beauty of Pokhara
- Sightseeing of Kathmandu city and visit of cultural, historical, and architectural places.

## Overview

Ghorepani Poon Hill Trek is one of the most popular trekking routes in the Annapurna region. To experience the scent of the fresh air from the Himalayas without crossing the strenuous path, this Poon Hill Trek is the best trek package to cover around within a short time. With a lot to add to your memory in a few steps, trekking to Ghorepani and Poon Hill is a great trekking destination.

The exploration of Gurung villages and culture, mountainous lifestyle, and Buddhist tradition sprinkles the cultural vibration in the Ghorepani Poon Hill Trek route. A relaxing sunrise view over the majestic mountains, a peaceful walk through the pleasant forests, and an incredible adventure are just a few features of the Ghorepani Poon Hill Trekking by the [Himalaya Land Treks](#).

## What are the major attractions in Ghorepani Poon Hill Trek?

### Sightseeing at Kathmandu

On the very first day, you will get to visit beautiful Kathmandu city. Here you can explore many UNESCO enlisted world heritage sites. Kathmandu city offers you a mesmerizing view of historical and religious sites such as Swayambhunath Stupa, Pashupatinath, Kathmandu durbar square, Bouddhanath, etc.

Kathmandu is also known as a city of god. It has a lot of historic and religious evidence carved on the stones and woods in each corner of the city. The cultural heritage and tradition in a busy city is the most precious thing to be viewed here.

### Dazzling Pokhara city

Pokhara offers you a heart-catching view of nature. It is a popular tourist hub where you can relax and enjoy your holidays. Pokhara has a lot to offer for the visitors. This city is so much

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rich that keeps the visitors amaze with its mind-blowing scenarios.

The beautiful mountain reflected on the water of Fewa Lake makes you speechless. The Mysterious caves, rushing springs and many more take your heart here at Pokhara. It is a place of nature with a preserved culture. Everyone must visit this place at least once in a lifetime.

## **Ghorepani and Poon Hill**

You reach Poon Hill after passing Ghorepani. Poon Hill viewpoint, located at an altitude of 3,210 m is the highest elevation of this easy trekking trail. From here you are presented with breath-taking views of the Annapurna range like the Annapurna I (8091m), Annapurna II (7937m), Annapurna South (7219m), Machhapuchhre (6997m), Dhaulagiri (8167m), Gangapurna (7454m), Hiunchuli (6441m), and the Pisang Peak (6091m) among others.

View of morning sun scattering its light rays rising from the horizon gives you the majestic scenario of nature. The feeling from the top is simply peaceful as you are surrounded by mountains from every side. With the sun rays striking on the mountains, you can have a picturesque moment with the snow-capped mountains.

## **Ethnic villages and culture**

During the Ghorepani Poon Hill trek, you pass through many ethnic villages. You will pass villages like Nayapul, Ghandruk, Tikhedhunga, Ghorepani, Tadapani, etc. You walk through the forests and villages of Tikhedhunga before making your stop at Ghorepani. The Gurung inhabited village of Ghorepani offers a vivid and authentic mountainous lifestyle and culture.

The people of the different community welcome you with a different culture. The village offers incredible hospitality and cultural exploration. These villages have woven the people in the embroidery of hospitality and unity.

## **What is the best time for Ghorepani Poon Hill trek?**

The best time to go for Ghorepani Poon Hill Trek is during pre-monsoon and post-monsoon. In



the context of a clear fresh view of nature and the way to trek season behind monsoon is the best season to make a trek. The monsoon rain makes the trail slippery and it will be difficult for trekkers to make their way to the trek destination.

## What are the Alternate Packages for Ghorepani Poonhill trek?

Apart from this trek if you want to access daring and short trekking destination in Nepal, following some other trekking route then you can go through the following link [Short Annapurna Base Camp Trek](#), [Short Poon Hill sunrise Trek](#).

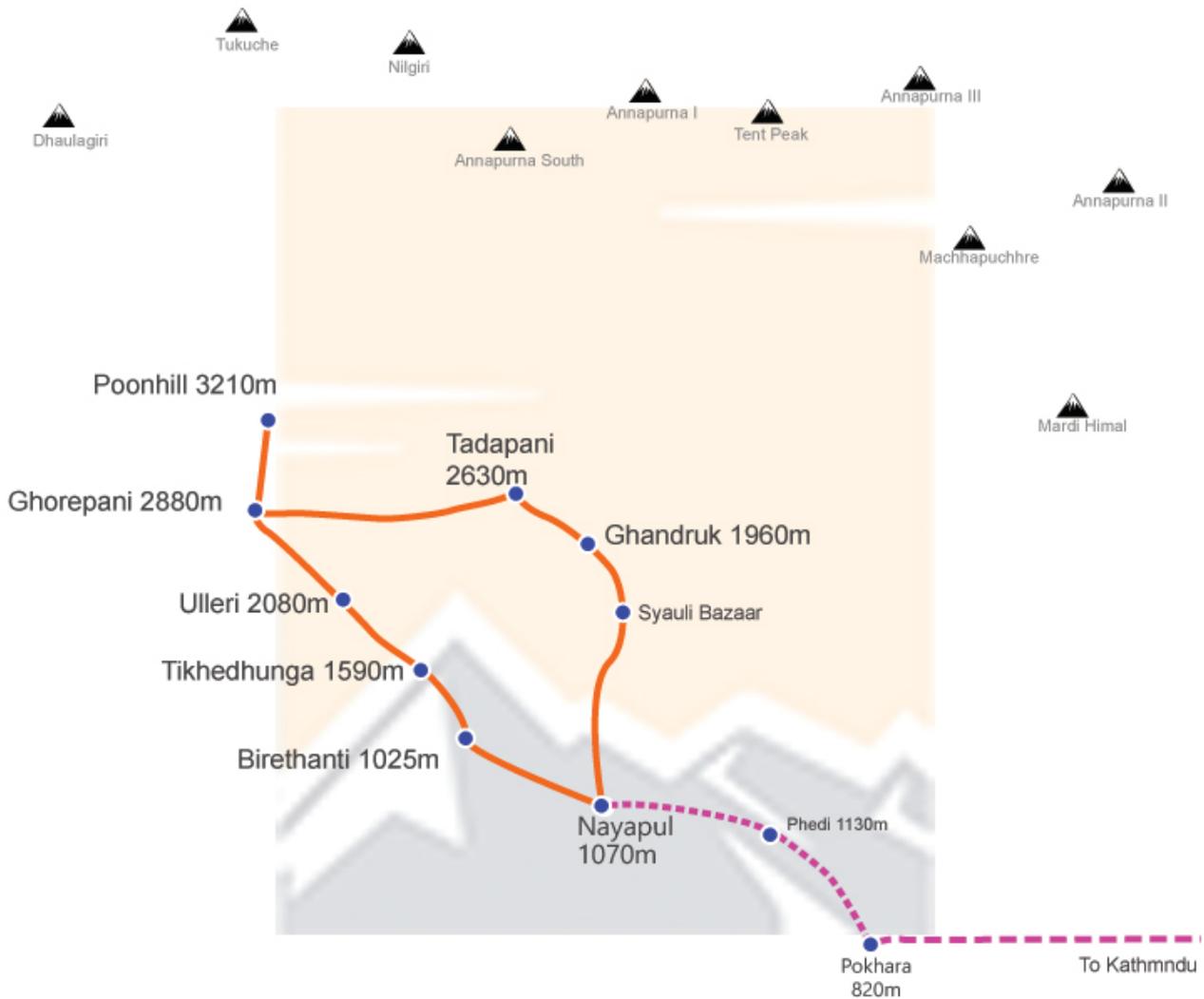
If you are willing to take yourself through a more adventurous trek then please check our next trek package with the following link [Annapurna Sanctuary trek](#), [Mardi Himal Trek](#).

If you want an additional adventure along with trekking then you can simply go to the following link [Annapurna Base Camp Trek with Safari](#), [Annapurna Panorama Trek with rafting](#)

At Himalaya Land Treks, we provide services of guides, porters, and every tourist's information you desire. You may also look at our other Ghorepani Poon Hill Trek packages and treks in the Annapurna region on the website and get more information about the services we provide.



## Route Map



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## Day to Day Itinerary

### Day 1: Arrival in Kathmandu (1300m/4265ft)

**Accommodation:** Overnight at 3 star Hotel

Welcome to the capital city of the mountainous country Nepal. As you arrive at the Tribhuvan International airport (TIA) of Kathmandu, a Himalaya Land Treks personnel will be present to welcome you. In a private vehicle, he drives you through the streets of Kathmandu and makes your arrangements in the hotel. After checking in the hotel, you may spend the day as you wish. Overnight in Kathmandu.

### Day 2: Trek Preparation and Kathmandu Valley Sightseeing Tour

**Accommodation:** Overnight at 3 star Hotel | **Meal:** Breakfast

Today, we take a guided city tour of Kathmandu valley exploring the historical, cultural, and architectural sites of the city. We visit the UNESCO world heritage sites of Buddhist shrine Boudhanath, The monkey temple- Swayambhunath, ancient Durbar squares, Pashupatinath, and various monuments of the city. In the evening, we may stroll around the markets and grab some items required for the trekking. Overnight in Kathmandu.

### Day 3: Drive from Kathmandu to Pokhara (820m/2690ft) | 6 hrs.

**Walking hr:** 6-7 hrs | **Accommodation:** Overnight at 3 star Hotel | **Meal:** Breakfast

After breakfast, we leave from Kathmandu on a bus towards the beautiful lake city of Pokhara. We enjoy the scenes and landscapes as our journey approaches through Prithvi Highway. The drive takes around 6 hours passing alongside Marsyangdi River. We check in to a hotel in Pokhara and refresh our muscles and energy. You may stroll around the streets of Pokhara enjoying the nightlife and vibes. Overnight in Pokhara.

### Day 4: Drive from Pokhara (820m/2690ft) to Nayapul (1070m/3510ft) 1:30 hrs and then trek to Tikhedhunga (1590m/5217ft) 3 hrs.

**Walking hr:** 3-4 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

After breakfast with the amazing lake view in Pokhara, we prepare for the journey of the day. We then drive to Nayapul by Jeep wandering the beautiful hills and rivers. After about one and



a half hours drive, we reach the starting point of the trek. The trail to Tikhedhunga will let us see the mixed settlements of Brahmins, Chhetri, and Gurung. Overnight at Tikhedhunga.

## **Day 5: Trek from Tikhedhunga to Ghorepani (2880m/9449ft) 6 hrs**

**Walking hr:** 5-6 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

With the breakfast view of Mount Machhapuchhre (6997m) and Mount Annapurna (8091m) from Tikhedhunga, we take our steps ahead to Ghorepani. En route, we trek through dense rhododendron forests filled with a diverse array of wildlife. Ghorepani offers the exploration and insight of the Gurung culture. The panoramic view of the mountains is observed in the pleasant hospitality of the Gurung people.

## **Day 6: Morning hike from Ghorepani to Poon Hill (3210m/10531ft) 2 Hrs and again back to Ghorepani and then trek to Tadapani (2630m/8629ft) 6 hrs.**

**Walking hr:** 6 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

This morning, we wake up early and hike for about 1 or 2 hours to reach Poon Hill (3210 m). We can see the first ray of sunlight striking in the majestic Annapurna range. The panoramic views of Mount Fishtail (6997m) and Mount Dhaulagiri (8167m) add ambiance to the wonderful sight. For breakfast, we return to the lodge in Ghorepani. After about 6 hours walk from Ghorepani in the forests and villages of Annapurna, we reach Tadapani for the night stay.

## **Day 7: Trek Tadapani to Ghandruk (1960m/6430ft) 4hrs**

**Walking hr:** 4 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

After taking breakfast, we walk the way through forests for around 4 hours from Tadapani to explore the splendid village of Ghandruk. This Gurung inhabited village in the lap of Annapurna highlights the beautiful view of Hiunchuli (6441m), Fishtail (6997m), and Annapurna IV (7525m). Exploration of Gurung hospitality and culture is the reward of this wonderful trek to Ghandruk. We meet other trekkers in this junction and may exchange smiles and words of the trek. Overnight stay at Ghandruk.

## **Day 8: Trek from Ghandruk to Nayapul (1070m/3510ft) | 3-4 Hrs and Drive to**

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## **Pokhara (820m/2690ft)|1.5 Hrs**

**Walking hr:** 5-6 hrs | **Accommodation:** Overnight at 3 star Hotel | **Meal:** Breakfast/Lunch

Waving goodbyes to the beautiful trek and mountains, we descend from Ghandruk through the stone stairs. We walk for about 3-4 hours passing the village of Tatopani on our way. Our trek ends when we arrive at Nayapul. From there, we drive to Pokhara on the Pokhara-Baglung Highway. We check in to the hotel and spend our evening in the gorgeous atmosphere of Pokhara and Phewa Lake. Overnight stay in Pokhara.

## **Day 9: Drive to Kathmandu (1300m/4265ft) | Farewell Dinner**

**Walking hr:** 6-7 hrs | **Accommodation:** Overnight at 3 star Hotel | **Meal:** Breakfast/Farewell Dinner

Today, we travel back to Kathmandu waving goodbye to the lake city of pristine Pokhara. We travel alongside the Marsyangdi River in Prithivi National Highway. We drive for about 6 hours, stopping for lunch in Malekhu Bazaar. After reaching Kathmandu, we check in to the hotel and take the rest. You may spend the last evening in Nepal strolling around the neighborhood streets. On the final day on the trip, you will indulge in a farewell dinner hosted by the Himalaya Land Treks. Overnight stay in Kathmandu.

## **Day 10: Transfer to International Airport for the next destination.**

**Meal:** Breakfast

A company representative will drive you to the Tribhuvan International airport with your luggage. You will see the streets of Kathmandu before the final departure. The last day of the trip ends with a farewell and waving goodbyes to the memories and moments of the trek. We wish you a safe flight and good days ahead.

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## **Trip Cost Includes**

- Airport pick up and drop off, upon arrival and departure
- Pre trek meeting.
- 3-star hotel with breakfast in Kathmandu for 3 nights.

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- Full day city tour in Kathmandu by a private vehicle.
- Kathmandu-Pokhara-Kathmandu travel on a deluxe tourist bus.
- All necessary paperwork and permits (Annapurna Conservation permit and TIMS ).
- Trekking equipment: down-filled sleeping bag, walking poles, and a duffel bag.
- An experienced English-speaking Govt. registered trekking guide and local porters to carry luggage (2 trekkers: 1 porter).
- Guide and porter salaries, insurance, equipment, transport, food, and lodging.
- Private transport Pokhara to Nayapul.
- Private transport Nayapul to Pokhara.
- Full meals: Breakfast, Lunch & Dinner on your choice.
- Supplementary snacks: energy bar and cookies.
- Fresh seasonal fruits after dinner.
- Unlimited Chlorine treated Safe Drinking water.
- Oxi-meter: To check pulse, heart rate, and oxygen saturation to Poon Hill and return.
- All mountain accommodation (Soft, comfort, private room with shared toilet).
- 3-star Hotel in Pokhara with Breakfast.
- A comprehensive First Aid kit.
- All government and local taxes.
- Souvenir: Himalaya Land treks t-shirt and Trekking Route map.
- Farewell dinner at one of the finest Nepalese Restaurant with traditional ethnic music and dance.

## Trip Cost Excludes

- Nepal visa (USD 30 for 15 days and USD 50 for 30 days).
- Your international flight to and from Nepal.
- Meals in the city except for breakfast and other mentioned special dinner.
- The cost incurred during the tour around the city.
- Cost for additional trips.
- Hot showers, Wi-Fi & battery charging on a trek.
- Travel insurance (for helicopter evacuation if needed whilst on trekking).
- Personal expenses such as laundry, telephone, internet/e-mail, etc.

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- Bar and beverage bills.
  - Tip for guide, porter, and drivers.