



Trip Facts

Price: USD 2080

Duration: 15 days

Trip Profile: Mt. Yala Peak Climbing

Geography: Mountain/Hills/Forests

Location: Rasuwa

Max Altitude: 5,500m

Accommodation: Hotel/Tea house/Lodge

Meals: All meals included during the trekking

Religious: Buddhism

Ethnic People: Tamang

Transportation: Tourist bus/Private vehicle

Group Size: 1-10 Pax

Highlights

- Journey to the stunning Langtang Region home to majestic Glaciers
- A thrilling experience taking on the summit of the stunning Yala Peak (5500m)
- Experience a unique way of life rooted deeply within the ancient culture of the Tamang people
- Trek through the Langtang National Park which boasts an incredible array of flora and fauna

Overview

The beauty of Langtang has always been home to adventurers and thrill-seekers in search of an unforgettable experience. Renamed the valley of Glaciers, the Langtang Valley lies close to the capital city of Kathmandu, making it one of the most easily accessible trekking routes. The Yala Peak Climbing by the Himalaya Land Treks explores the Langtang Valley and offers a mesmerizing display of the Langtang range.

Stretching to an altitude of 5,500m, the Yala Peak has often been regarded as an easy climb compared to other trekking peaks around the Himalayas. However, the easiness of the journey has got nothing to do with the mesmerizing beauty as seen from the summit of the mountain peak. Boasting a majestic Himalayan panorama accommodating the snowy summits of Langtang Lirung (7,227m), Shisha Pangma (8,013m), and Dorje Lakpa (6,966m), the summit overlooks the Langtang Valley. Finding closer similarities with the Tibetan way of life, the local culture of the Tamang people is deep-rooted within the teachings of Buddhism.

Major Attractions Of Yala Peak Climbing

Langtang Valley

The valley of Langtang is decorated with Tibetan-style houses and small farms. Also known as “The Valley of Glaciers”, the Langtang valley is a cornucopia of natural treasures and Himalayan beauty. The Langtang Lirung towers over the valley and gives it a wonderful sense of enchantment. Beneath the Langtang Lirung is located a famous Buddhist monastery - Kyanjin Gumpa. The valley is also famous for the local cheese factory. You can have a visit to the cheese factory and taste the cheese and curd made from Yak milk. This region is blessed with many natural resources and pristine beauty. The trekking journey to Yala peak takes you through this wonderland of Langtang.

Route way and Nature

The nature-filled route way to Yala is the major centre of attraction of the Yala trek. The route way gives you to explore an awful tradition, experience the festive essence, identify the way of living and learn the unity of the people from a different community. The trek goes through Langtang National Park which is famous for diverged species of floras, fauna and along with endangered species. This national park has become a home to many endangered species of animals like the Red Panda and the Himalayan Thar and the Musk Deer. The marvellous views of nature keep you speechless. Yala is home of nature, home of Bioversity, home of culture and home of beauty.

Best Time To Do Yala Peak Climbing

The best time to summit Yala Peak is during the spring (Mar-Jun) and autumn (Sep-Nov) seasons. The remaining seasons, winter (Dec-Feb) and monsoon (Jun-Aug) are not considered to be favourable as winter experiences heavy snowfall and monsoon sees heavy rainfall. Hence, for the successful summit of Yala Peak, it is recommended to trek during the period of autumn and spring.

Alternate Packages

Besides this trek, if you are seeking an alternate climbing destination of Yala Peak Climbing then go through [Peak Climbing](#) which includes every kind of peak climbing activity. Some famous peak climbing destinations are [Mt.Island Peak Climbing](#), [Mt. Mera Peak](#), [Mt. Lobuche East Peak Climbing](#) and [Mt. Ama Dablam Expedition](#).

Trekking into the Himalayas can be a tricky affair especially if you have not properly planned for the journey. We, here at Himalaya Land Treks use years of experience to craft an itinerary you can enjoy to the fullest.



Day to Day Itinerary

Day 1: Arrival in Kathmandu and Hotel transfer. (1300m/4265ft)

Accommodation: Overnight at 3 star Hotel

Touching down at Tribhuvan International Airport, you will be welcomed by a Himalaya Land Treks' representative who will drive you directly to the hotel. Freshening up from the day's journey, you are free to head down to the local region enjoying the pleasant evening.

Day 2: Climbing Preparation and Kathmandu Sightseeing

Accommodation: Overnight at 3 star Hotel | **Meal:** Breakfast

Today, we take a day off at the capital city to tour its UNESCO world heritage sites and prepare for our Himalayan adventure. The Kathmandu city tour begins from the holy temple of Pashupatinath devoted to the Hindu God Shiva. Heading out of the holy temple, the journey takes us to Kathmandu Durbar Square. Similarly, Boudhanath and Swayambhunath are two other popular destinations in the city.

Day 3: Drive from Kathmandu to Syabrubensi (1550m/5085ft) (7 hrs.)

Walking hr: 7 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

The first day of the journey and we begin with a scenic drive heading towards the town of Syabrubensi. Located on the banks of the Trishuli River, the hilly town serves as an entry point to the Langtang region. Exiting Kathmandu the journey follows the winding bends of Trishuli Highway heading past lush green forests and vibrant hamlets to meet the Trishuli River. Heading north, the drive heads past the picturesque town of Dhunche to reach Syabrubensi.

Day 4: Trek from Syabrubensi to Lama Hotel (2410m/7907ft) (5 hrs.)

Walking hr: 5 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner



Exiting Syabrubensi, the trail climbs to the quaint settlement of Old Syabru reaching the banks of Langtang Khola. Entering the lush green forests, the trail follows the banks of the Langtang River heading past the Tibetan Camp to reach Bamboo. You can also ascend to Sherpagaon which offers a scenic alternative before dropping down to Rimche. The trail follows the bank of Langtang Khola to Lama Hotel.

Day 5: Trek from Lama Hotel to Langtang (3430m/11253ft) via Ghodatabela (3000m/9843ft) (6 hrs.)

Walking hr: 6 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

An early start to the day, we begin our journey ascending through the lush green forests adorned with pine and hemlock trees heading away from the Langtang Khola. Climbing on the ridgeline high above the river, the journey takes us over to the settlement of Ghodatabela boasting stunning views of Langtang Lirung (7,227m). Enjoying the pleasant Himalayan views, we make our way down to find the banks of Langtang Khola and head towards the settlement of Langtang village.

Day 6: Trek from Langtang to Kyanjin Gumba (3870m/12697ft) (6 hrs.)

Walking hr: 6 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

Exiting Langtang Village, the journey ascends through the lush green forests heading towards the hamlet of Mundu. Following a series of Mani walls, the trail takes us through a series of streams before dropping down to the Langtang River before heading towards the hamlet of Kyanjin Gumba. Here, you can explore the village and observe the lifestyle of the residents for the rest of the day.

Day 7: Rest and acclimatization

Accommodation: Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

The first of our acclimatization days, today, we take some time off to explore the Kyangin Gumba while also making sure that our bodies are adapting to the growing altitudes. Enjoying the stunning Himalayan views of Langtang Lirung (7,227m) and Dorje Lakpa (6,966m), we tour around the stunning monastery dating back hundreds of years. Reflecting the authentic Buddhist way of life, antique Thanka imported from Tibet around 300 years ago. For our



acclimatization hike, we can either journey to Kyangin Ri (4,773m) or Tserko Ri (4,984m), enjoying the views of the majestic Himalayas.

Day 8: Trek from Kyanjin Gumba to Yala Peak Base Camp (4600m/15092ft) (7 hrs.)

Walking hr: 7 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

Leaving the quaint hamlet of Kyanjin Gumba behind, we begin our journey heading towards the Yala Peak Base Camp at an altitude of 4600m. The journey takes us through the settlement at Kyanjin Kharka before heading towards Yala Kharka which marks the beginning of, our ascend towards the Yala Peak Base Camp. At an altitude of 4600m, the camp boasts stunning views of Naya Kanga (5,844m), Phurbe Gyachung (6,637m), and Ganchenpo (6,669m) alongside the majestic Langtang Lirung (7,2156m).

Day 9: Yala Peak summit (5500m/18045ft) and return to base camp (4600m/15092ft) (7 hrs.)

Walking hr: 7-8 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

Yala Peak summit (5500m/18045ft) and return to base camp (4600m/15092ft) (7 hrs.)

Day 10: Trek from Yala Peak Base Camp to Kyangin Gumba (3870m/12697ft) (5 hrs.)

Walking hr: 5-6 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

One of the easier sections of the journey, the trail descends from the Yala Peak Base Camp to settle Yala Kharka. Entering the lush green forests once again, the trail takes us through quaint hamlets and pleasant hilly landscapes to reach the hamlet of Kyangin Kharka. The final stretch of the trek takes us alongside the banks of the Langtang Khola heading towards Kyanjin Gumba for the night.

Day 11: Trek from Kyanjin Gumba to Lama Hotel (2410m/7907ft) (4 hrs.)

Walking hr: 4 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

One of the shorter days of the trek, today, we make our way towards Lama Hotel heading past the Langtang Village en route. Making our way out of Kyangin Gumba, the trail settles



Langtang before heading past the ruins of the old settlement. Heading past the picturesque hamlet of Thangsyap, the trail descends alongside the banks of the Langtang Khola to reach Lama Hotel.

Day 12: Trek from Lama Hotel to Syabrubensi (1550m/5085ft) (5 hrs.)

Walking hr: 5 hrs | **Accommodation:** Lodge/tea house | **Meal:** Breakfast/Lunch/Dinner

The final day of the trek and we make our way back to the hamlet of Syabrubensi. Following the banks of the Langtang Khola once more, the trail descends through the lush green forests over to the settlement of Old Syabru at the confluence of Langtang and Trishuli Rivers. Crossing the Trishuli River atop the suspension bridge, we make our way over to Syabrubensi which brings an end to our Himalayan adventure.

Day 13: Drive from Syabrubensi to Kathmandu (1300m/4265ft) by bus or car and transfer to hotel (8 hrs.)

Walking hr: 7-8 hrs | **Accommodation:** Overnight at 3 star Hotel | **Meal:** Breakfast

An early start to the day today, we make our way back to the capital city of Kathmandu. Following the Trishuli River once more, the journey takes us through the winding bends of Trishuli Highway heading past picturesque towns and quaint hamlets. Enjoying the pleasant hilly landscape, we enter into the Kathmandu valley and head directly to the hotel.

Day 14: Free Day | Farewell Dinner

Accommodation: Overnight at 3 star Hotel | **Meal:** Breakfast/Lunch/Dinner

The final day of our journey and you are free to spend it at your discretion. Feel free to head down to the local regions searching for your adventure or stay at the hotel recuperating from the days of travelling. The day comes to an end with a lovely farewell dinner hosted by Himalaya Land Treks as we celebrate a successful journey.

Day 15: Transfer to the airport for final departure.

Meal: Breakfast

Our representatives will drop you back to Tribhuvan International Airport just in time for your flight back home. We hope you had a lovely time with us and we look forward to seeing you



again.

Trip Cost Includes

- Airport picks up and drops off, upon arrival and departure.
- Pre trek meeting.
- 3-star Hotel in Kathmandu for 3 nights.
- City entrance fees in Kathmandu.
- Full day city tour in Kathmandu by a private vehicle.
- Kathmandu-Syabrubesi and Timbu-Kathmandu by public bus.
- All necessary paperwork and trekking permits (National Park Permit, TIMS).
- Trekking equipment: down-filled the sleeping bag, walking poles, and a duffel bag.
- An experienced English-speaking Govt. registered trekking guide and local porters to carry
 - luggage (2 trekkers: 1 porter).
- Professional Sherpa climbing guide.
- A porter and his entire expenses.
- Good quality tents and kitchen utensils for camping.
- Climbing permit.
- Guide and porter salaries, insurance, equipment, transport, food, and lodging.
- Full meals: Breakfast, Lunch & Dinner on your choice.
- Supplementary snacks: energy bar and cookies.
- Fresh seasonal fruits after dinner.
- Unlimited Chlorine treated Safe Drinking water.
- Oxi-meter: To check pulse, heart rate, and oxygen saturation.
- All accommodation during the trek (Soft, comfort, private room with shared toilet).
- A comprehensive First Aid kit.
- All government and local taxes.
- Souvenir: Himalaya Land treks t-shirt and Trekking Route map.
- Farewell dinner at one of the finest Nepalese Restaurant with traditional ethnic music and dance.

Himalaya Land Treks & Expedition strives to provide the best trekking experience for all our clients. Our mission is to be our client's most reliable companion throughout their journey. From organizing to managing, Himalaya Land Treks & Expedition will always be by your side.



Trip Cost Excludes

- Nepal visa (USD 30 for 15 days and USD 50 for 30 days).
- Your international flight to and from Nepal.
- Meals in the city except for breakfast and other mentioned special dinner.
- Cost for additional trips.
- Hot showers, Wi-Fi & battery charging on a trek.
- Travel insurance (for helicopter evacuation if needed whilst on trekking).
- Personal expenses such as laundry, telephone, internet/e-mail, etc.
- Bar and beverage bills.
- Personal climbing equipment.
- Tip for guide and porter